

Mass for the Intentions Week

Tuesday, September 1, 2026

7:00 p.m. Mr. Arthur Cruz
req Cruz family

Thursday, September 3, 2026

9:00 a.m. Special Intention for Matt & Lee Creary
req Joan Creary

Sunday, September 6, 2026

9:00 a.m. **Living & Deceased members of Sacred Heart Parish**

Tuesday, September 8, 2026

9:00 a.m. Norma Walsh
req family
Theresa Olmsted
req family

Thursday, September 10, 2026

9:00 a.m. No Mass – Priest's Annual Seminar

Sunday, September 13, 2026

9:00 a.m. **Living & Deceased members of Sacred Heart Parish**

Donations

Sunday, August 2, 2026	\$1,877.60
Sunday, August 9, 2026	\$2,056.00
Sunday, August 16, 2026	\$3,877.25
Sunday, August 23, 2026	\$3,457.60

Annual Diocesan Priest Seminar

Tuesday September 8th the Mass will be celebrated at 9:00 a.m. and there will be no Mass Thursday, September 10th as Father Jerzy will be attending the Annual Diocesan Priest Seminar.

ReSTART:

Moving Forward Struggling after a divorce or separation? ReStart can help you move forward with support, education and positive encouragement from our experienced facilitators. Our 11-week program offers help to anyone seeking to heal and move forward. The new sessions run from Tuesday September 22 – Tuesday December 1, 2026 and will be held at the Chancery Office at 700 King St. West in Hamilton in person. Cost is \$35 for materials, but no one is turned away. Registration can be found at <https://hamiltondiocese.com> under Upcoming Events for September, or contact Sarah at 905-528-7988 ext. 2249, e-mail familyministry@hamiltondiocese.com.

God Forbid, Lord! (Matthew 16:22)

It's ironic that Peter would use these words to try to dissuade Jesus from the cross. *God forbid*? It was God's plan in the first place! Not to mention, Jesus is God and is completely aligned with the will of his Father. So, asking God to "forbid" something that was God's eternal will? It doesn't make sense.

Of course, Peter didn't yet realize that Jesus is the eternal Son of God, one in being with the Father. How could it possibly be God's wisdom that a man who was so righteous and holy should meet an early, violent end? *God forbid*! There was no way Peter would let Jesus go through with this.

You can also hear the love in Peter's voice. He loved Jesus so much that he couldn't imagine being separated from him. Neither could he bear the thought of Jesus allowing himself to "suffer greatly" and to "be killed" (Matthew 16:21). Especially not after Jesus had already revealed how powerful he was. No matter how many foes he faced, he could stop them with a single word. So, *God forbid* that he would just surrender himself to death like this!

But what Peter didn't yet understand was that Jesus would reveal his love to the fullest through his death. It was by submitting to his Father's will—even if it meant surrendering to his opponents' plan to kill him—that he would overturn sin and open the way to God for all who believe. This is love in action, and *God forbid* anyone should try to stop him!

This is the measure of Jesus' love for us. It's a love that scandalized Peter at first but that he would later embrace when he opened his arms and allowed himself to be crucified upside down. It's a love available to each of us as we gaze upon our crucified Lord. *God forbid* that we ever lose sight of the love!

"Jesus, I am in awe of the depth of your sacrifice for me!"

Catechetical Correspondence Program

Children in our parishes benefit from the Catechetical Correspondence Program each year for ongoing religious education and preparation for the Sacraments. We need volunteers to support the program! If you are willing to accompany these children in their learning journey, please reach out to the Office for Evangelization and Catechesis at catechesis@hamiltondiocese.com. To learn more about the Catechetical Correspondence Program, please visit: <https://bit.ly/DOHCCC>.

Adoration & Benediction

Sacred Heart Parish has Adoration Tuesday evenings at 6:00 p.m. with Benediction at 6:45 p.m. Adoration provides us with the opportunity to worship and pray directly before Christ, acknowledging His true presence.

Anointing of the sick

There is a number to call if an **emergency** anointing of the sick is necessary **at home after office hours**, please call Father Jerzy at 226-966-4282. If you are in the hospital, you must call the priest on call, the staff at the hospital will know who to call.

Peach Sunday

The Blessed Sacrament CWL will be hosting a Peach Sunday this weekend in the parish hall at Blessed Sacrament Church after each Mass. Join us for cake/ice cream/peaches. Tickets will be sold after Mass for \$5.00.

Blessed Sacrament CWL

The first fall meeting of the Blessed Sacrament Parish CWL will be held on Sunday, September 6th in the parish hall following the 11:00 Mass. A light lunch will be provided. All CWL members of Sacred Heart and Blessed Sacrament parishes are invited to attend.

Hope for Hunger Galla

September 17, 2026 6:00 p.m. at Liuna Station

Sit down dinner, Live band & silent auction

Your attendance directly supports De Mazenod Door Outreach's mission to provide daily nourishment, dignity and hope to the poor and marginalized people in our community. Together, we can make hunger a little less overwhelming.

Certificate in Catholic Leadership:

Endorsed by Bishop Dabrowski and offered by St. Jerome's University, Waterloo, the Certificate in Catholic Leadership provides flexible study and formation opportunities for those serving in Catholic organizations and others seeking to deepen their understanding of Catholic leadership. It helps form leaders grounded in faith, committed to service, and responsive to the needs of the Church and society. Please see the attached flyer for more details or visit: <https://uwaterloo.ca/st-jeromes/academics/continuing-education/certificate-catholic-leadership>

Vocations

"For what will it profit anyone to gain the whole world but forfeit their life?" Isn't there more to life than chasing the dollar? Are you being called to be a priest, deacon, brother or sister? Humbly ask the Lord. If God is calling you contact Fr. John Ha, Director of Vocations, Diocese of Hamilton at 905 528-7988.

Email vocations@hamiltondiocese.com

hamiltondiocese.com/vocations/

Vocation Prayer Calendar

Aug. 31 Rev. Kevin D'Souza

Sept. 1 Rev. Piotr Jurzyk

Sept. 2 Rev. Salesians of St. Don Bosco, S.D.B.

Sept. 3 Rev. Robert Bulbrook

Sept. 4 Very Rev. Joseph Okoko, i.v.Dei.

Sept. 5 Rev. John Iyekowa, O.S.A.

Sept. 7 Rev. Andrew Czarny

Sept. 8 **The Nativity of the Blessed Virgin Mary**

Sept. 9 Felician Franciscan Sisters, C.S.S.F.

Sept. 10 Catholic Teachers

Sept. 11 Rev. Jerzy Tomon

Sept. 12 Rev. Livinus Okamgba

Needy of Sacred Heart Parish

Our parish helps people in our area who are in need of food assistance. If you can contribute, the following items would be most helpful.

Canned fish	canned vegetables
Peanut butter	canned soup
Pasta & sauce	rice

Enhancing Self-Esteem

Healthy self-esteem is linked to positive mental health outcomes, which are so important to each of us. Our program provides the opportunity to increase your self-awareness and to learn specific skills for building positive self-esteem. Issues covered during the course include taking responsibility for your own thoughts and feelings, positive ways to behave assertively and setting realistic goals for your own future. The program will be offered from Tuesday September 22 – November 24, 2026 at the Chancery Office at 700 King St. West Hamilton. Cost is \$35 for materials. Registration is online at <https://hamiltondiocese.com> and can be found under Upcoming Events, or contact Sarah at 905-528-7988 ext. 2249, or e-mail familyministry@hamiltondiocese.com

