

Mass for the Intentions Week

Tuesday July 14, 2026

7:00 p.m. Barb McKillop
req Sheena, Margaret, Art & family
Miss Cresencia Adraneda
req Cruz family

Thursday July 16, 2026

9:00 a.m. Theresa Olmsted
req family

Sunday, July 19, 2026

9:00 a.m. Living & Deceased members of Sacred Heart Parish

Tuesday, July 21, 2026

7:00 p.m. Norma Walsh
req family
Mr. & Mrs. Ernesto Adraneda
req Cruz family

Thursday, July 23, 2026

9:00 a.m. Special Intentions
req Theresa Emberson

Sunday, July 26, 2026

9:00 a.m. Living & Deceased members of Sacred Heart Parish



OFFERING

Parish Legacies & Bequests

Keep your love for your parish alive. Remember Sacred Heart Parish in your will and when recommending expression of sympathy.

Donations

Sunday, June 28, 2026	\$2,200.00
Sunday, July 5, 2026	\$4,193.25

Sacred Heart Parish Office Summer Hours

Monday	9:00 a.m. – 4:00 p.m.
Wednesday	9:00 a.m. – 12 noon
Thursday	9:00 a.m. – 4:00 p.m.

My word shall not return to me void, but shall do my will, achieving the end for which I sent it. (Isaiah 55:11)

When it rains in Germany, many parents tell their children “You’re not made of sugar!” It is a humorous way of encouraging them to go outside in spite of the bad weather. In other countries, people say, “At least the crops are happy!” As today’s first reading suggests, rain and snow help to make the soil “fertile and fruitful,” and everything that grows from the earth benefits as well (Isaiah 55:10). In that passage, God compares the effect that the rain and snow have on the soil with the work that his word has on our lives: it “shall do my will” and “(achieve) the end for which I sent it” (55:11).

The Israelites who first heard this prophesy would have heard God’s reassurance that they would truly be brought back from exile and restored to their homeland. As we hear this word today, we can also receive God’s assurance that his word in Scripture can have a good effect on our lives and lead us to our true home.

As water touches soil, it softens the ground and enables seeds to sprout and roots to deepen. So, too, God’s word softens our hearts. Where we might harbour prideful or bitter thoughts, his word opens our eyes to the depth of his love and enables us to let go of those attitudes that hold us back.

Similarly, snow adds to the soil a layer of protection from extreme cold. And as it melts, it provides a gentle, deep watering for the earth. Likewise, God’s word protects us, even in the most impossible circumstances, and it establishes us in the truth that He is faithful and trustworthy. Most of all as it penetrates the deepest places of our heart, his word accomplishes what it set out to do. So ponder God’s word today and every day. Welcome it as the earth welcomes the rain and snow!

“Lord, may your word nourish and transform me today!”.

Project Rachel

Struggling After an Abortion? Either your own, or someone else’s? Do you feel alone, emotional, or angry and in need of support? Project Rachel is available to help. This confidential service allows people to work through their feelings on an individual basis, with a trained counsellor, to find hope and healing. Please contact us at 905-526-1999 or toll free at 1-888-385-3850.

Adoration & Benediction

Starting in August Sacred Heart Parish will have Adoration Tuesday evenings at 6:00 p.m. with Benediction at 6:45 p.m. Adoration provides us with the opportunity to worship and pray directly before Christ, acknowledging His true presence.

Anointing of the sick

For **emergency** anointing of the sick **after office hours**, please call Father Jerzy at 226-966-4282.

Adult Faith Formation through VLCFF

The Diocese of Hamilton is proud to partner with Dayton University's Virtual Learning Community for Adult Faith Formation (VLCFF) to offer certificate programs for ministry and enrichment for adult faith formation. We are currently taking enrollment for the Youth Ministry Certification Program and the Catechist Formation Program for the Diocese of Hamilton, which begins in September 2026. Three and five week e-seminars are also available at a discounted rate for all adults in the Diocese looking to further their learning. For more information about our programs, and how to register, visit us at www.hamiltondioceselearns.com

Young Adults Night

Fr. John Ha, our new Vocations Director, invites all young adults (ages 20s and 30s) of our diocese to attend an evening of prayer, fellowship and praise music in support of your vocations. The Young Adults Night includes a Holy Hour (6:30pm-7:30 pm), social with food (7:30pm-8:00pm), praise night with vocations testimony (8:00pm-9:00pm), and Compline (9:00pm) on Saturday, August 1st at St. Catherine of Siena Church (620 Rymal Road East, Hamilton, Ontario). Sponsored by the Vocations Office of the Diocese of Hamilton: <https://hamiltondiocese.com/vocations/> For more information, please contact: vocations@hamiltondiocese.com.

Needy of Sacred Heart Parish

Our parish helps out people in our area who are in need of food assistance. If you are able to contribute, the following items would be most helpful.

Canned fish	canned vegetables
Peanut butter	canned soups
Pasta & sauce	rice

Vocations

Let anyone with ears listen! Do you hear God's call for you in your life? Have you considered the way of loving called the "priesthood", "diaconate" or "religious life"? If God is calling you contact Fr. John Ha, Director of Vocations, Diocese of Hamilton at 905 528-7988.

Email vocations@hamiltondiocese.com

hamiltondiocese.com/vocations/

Vocation Prayer Calendar

July 13 Rev. Stephen Murrin

July 14 Rev. Michal Kruszewski, C.R.

July 15 Missionary Sisters of Mary, Mother of the Church (M.S.M.M.C.)

July 16 Rev. Jeff Bergsma

July 17 Most Rev. Joseph A. Dabrowski, C.S.M.A.

July 18 Rev. Philip Reilly, C.R.

July 20 Rev. Pawel Jamroz

July 21 Rev. Stephen Gilbert

July 22 Legionaries of Christ, L.C.

July 23 Rev. Hayden Starczala

July 24 Rev. Gordian Okpuruka

July 25 Rev. Robert Hetu

Parenting Tip Of The Month

The expression "the family that prays together stays together" is one that most people have heard. Popular sayings make sense when we see the truth in them, but this one is backed up by research! When we pray together at home (before meals, before bed, in the morning) and attend Mass, we are connecting on a deep level that helps a family have increased unity. So, enjoy the more relaxed summer days and holidays, but don't let prayer and attending Mass take a holiday because their benefits are a wonderful addition to this great season!

Marriage Tip Of The Month

Couples are so busy today with their jobs, taking care of children and sometimes looking after elderly parents that time is very precious. Often what gets put on the back burner is time to focus on their marriage. All these responsibilities are much better managed with a healthy relationship, so taking time together has a positive impact all around. Schedule time for a coffee, a short or long walk, a chat at the end of the day, prayer, or dinner for two, anything that is just for the two of you. Your marriage matters — don't let making it a priority take a backseat to everything else on the to-do list!