

Mass for the Intentions Week

There will be no daily masses this week as the Diocesan priests have their yearly Priest Seminar.

Tuesday May 19, 2026

7:00 p.m. *No Mass*

Thursday May 21, 2026

9:00a.m. *No Mass*

Sunday, May 24, 2026

9:00 a.m. Living & Deceased members of Sacred Heart Parish

Tuesday, May 26, 2026

7:00 p.m. Doris McIsaac
req Greg & Colette Donelson
Joe Lacharity & Eric Clitsome
req Joan Creary & family
Mr. & Mrs. Narciso Adraneda
req Cruz family
Norma Walsh
req family
Theresa Olmsted
req family

Thursday, May 28 2026

9:00 a.m. Malcolm Pearce
req Chuck & Theresa Emberson

Sunday, May 31, 2026

9:00 a.m. Living & Deceased members of Sacred Heart Parish



OFFERING

Parish Legacies & Bequests

Keep your love for your parish alive. Remember Sacred Heart Parish in your will and when recommending expression of sympathy.

Donations

Sunday, May 3, 2026 \$4,910.00

Sunday, May 10, 2026 \$1,854.00

Don't forget our Parish Centre

Sacred Heart Parish Centre is the perfect place for anniversary parties, small wedding receptions, baptism parties, showers & birthday parties. To inquire about booking please call 905 387-6650.



Ascension

The Ascension of the Lord Ephesians 1:17-23.

May...God... give you a Spirit of wisdom and revelation resulting in knowledge of him.

Today, on the feast of the Ascension of the Lord, we ponder Jesus' victory over death and the grave. We lift our hearts to imagine Jesus as he "mounts his throne amid shouts of joy" and takes his seat at his Father's right hand in glory (Psalm 47:6). And what better way to lift up our hearts than by recalling the truths proclaimed in today's first reading!

Jesus is seated at God's right hand "in the heavens" (Ephesians 1:20). The right hand has traditionally been a position of royal power and influence. Jesus, *you rule over the universe from your throne of divine glory!*

He is "far above every principality, authority, power, and dominion" (1:21). There is nothing or no one more powerful than Jesus. He is over everyone and everything. Lord, nothing surpasses you: you have the final word!

All things have been placed "beneath his feet" (1:22). Everything—even sin and death—has been subjected to him. Jesus, you have defeated every power that stands against you. And you have made us sharers in that victory!

He has been given to the Church as "head over all things" (1:22). He is the supreme authority over all believers. Jesus, you uphold, confirm, and defend your Church at all times! It's your power that keeps us going!

He "fills all things in every way" (1:23). His presence fills every part of the universe. He is never absent from us. Jesus, you are forever present to us throughout all space and time!

What do we do with this glorious knowledge? We can imitate the disciples, who stood gazing at the heavens as they saw Jesus lifted up (Acts 1:11). And we can follow his command in today's Gospel. "Go...and make disciples of all nations" (Matthew 28:19).

"Jesus help me to see your ascended glory. May it move me to proclaim you to the world!"

World Youth Day 2027:

Seoul, South Korea July 31 – August 9, 2027

Bishop Dabrowski is sending a delegation of young adults (aged 18-35, at the time of WYD) to World Youth Day in the summer of 2027. World Youth Day (WYD) is the gathering of young people from all over the world with the Pope. It is also a pilgrimage, a celebration of youth, an expression of the universal Church and an intense moment of evangelization for the world. For more information about WYD in the Diocese of Hamilton please visit: wyd.hamiltondiocese.com

Reel Justice Film Festival

Join us on **May 28, 2026 7:00 – 9:00 PM** for our last screening of the season with **War for the Woods**. The film follows journalist Stephanie Kwetásel'wet Wood as she underscores the impact of clearcut logging and the devastation of old growth forests. Clayoquot Sound, B.C, the site of protests against clearcut logging 30 years ago, serves as the backdrop as the film explores how First Nations and environmentalists are again taking a stand to balance environmental stewardship with economic needs, as protecting these ancient forests becomes ever more complicated. **The screening and discussion will be hosted online via Zoom. Register at: <https://hamiltondiocese.com/reel-justice-film-festival/>** A partnership between the Bishop Farrell Library & Archives and Development and Peace, the Reel Justice Film Festival shines a spotlight on issues of social, political, and economic injustices.

Frassati Leadership Program

Calling all those entering Grade 10 in September 2026! Are you looking to grow in your faith? Do you want to explore what it means to be a Catholic leader? **The Frassati Leadership Program** may be for you. Join other Grade 10 Catholic leaders as we reflect on the foundations of Catholic leadership and foster opportunities for you to grow in your own faith and leadership skills. For more information and to register visit: <https://hamiltondiocese.com/office/pastoral-offices/youth-ministry/frassati/>.

Blessed Sacrament C.W.L.

The next meeting of the Blessed Sacrament C.W.L. will be held on Sunday, June 7, 2026 in the parish hall at Blessed Sacrament Church after the 11 a.m. Mass. It will be a general meeting. A light lunch will be provided. All members are invited to attend.

Father Charlie's Retirement

Coffee Sunday

Everyone is invited to our Coffee Sunday on June 21st to wish Father Charlie all the best in his retirement. This will give us a chance to thank him for his guidance and leadership over the last 10 years!

Vocations

Jesus said "Remember, I am with you always, to the end of the age." If you are discerning God's call for the priesthood, diaconate and consecrated life, contact Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905 528-7988.

Email vocations@hamiltondiocese.com
hamiltondiocese.com/vocations/

Vocation Prayer Calendar

May 18 Rev. Veselko Kvesic, O.F.M.
May 19 Rev. Christopher Tracey
May 20 Barnabite Fathers, C.R.S.P.
May 21 Single Catholics
May 22 Rev. Krzysztof Szkubera, C.R.
May 23 Rev. Henryk Krajewski, C.R.
May 25 **Blessed Virgin Mary, Mother of the Church**
May 26 Rev. Melvin Pinto, O.C.D.
May 27 Sisters Adorers of the Precious Blood, R.P.B.
May 28 Rev. Msgr. Edward Sheridan
May 29 Rev. David Lewis
May 30 Rev. Sunil D'Souza, O.C.D.

RESTART: Refresh, Renew, Revive Support Group

Struggling after divorce or separation? Join us for learning, support and fun on Friday evenings, held the 2nd & 3rd Friday of each month. These get-togethers offer continual support and insights for people as they journey through the divorce/separation process and beyond.

Register here: <https://sites.google.com/view/hamilton-restart/home> anytime the week of the session, or contact Sarah at familyministry@hamiltondiocese.com, or 905-528-7988 ext. 2249. We look forward to seeing you!

Servers for our Funerals

We are in need of adults to serve at our funerals. If are able to help out for an hour please call the parish office at 905 383-3280.

The Parish Office will be closed Monday May 18th