

Mass for the Intentions Week

Tuesday, September 29, 2020

7:00 p.m. Cathy Doody
req family
Harry McKillop
req Sheena, Margaret, Art & family
John McKillop
req Sheena, Margaret, Art & family
Avril Goldie
req Chuck & Theresa Emberson
Joe Lacharity
req John, Elaine & Sicoli family

Thursday, October 1, 2020

9:00 a.m. Kevin Chisholm
req Joe & Barb Poole

Sunday, October 4, 2020

9:00 a.m. For the Living and Deceased members of Sacred Heart Parish

Tuesday, October 6, 2020

7:00 p.m. Cathy Doody
req family
Maria, Evaristo & Gene Carreiro
req Oliver Carreiro
Souls in Purgatory
req Oliver Carreiro
Barry Snow
req Susan & family
Sheena Lawson
req Dorothy Radjenovich

Thursday October 8, 2020

9:00 a.m. Rosario Bartolome
req Lita

Sunday, October 11, 2020

9:00 a.m. For the Living and Deceased members of Sacred Heart Parish



We extend congratulations to the students of Sacred Heart Parish making their 1st Holy Communion this year!

Mercy is the Key

Remember your mercies, O Lord. Psalm 25:6

For people like us who diligently practice the faith, it can be easy to become religiously smug. We go to church, we donate to the poor, we refrain from big sins like adultery and theft. So, we get pretty confident about getting into the kingdom.

This was precisely the mistake the chief priests and elders made in Jesus' day. They were self-righteous. They distained public sinners such as prostitutes and the hated tax collectors. But Jesus shocks his listeners by declaring that it is precisely these despised ones who were getting into the kingdom first.

Why? These prostitutes and tax collectors knew they were sinners, and they looked to God for mercy. Mercy is the key that opens the kingdoms door. Let us begin this day by beseeching God for his saving mercy.

Jesus, you are God's mercy incarnate. Forgive us our sins and shower your merciful love upon us.



The Hamilton Mountain Farmer's Market

The Hamilton Mountain Farmers' Market sponsored by Sacred Heart Church has a new day and time, the market for this year will run on Fridays from 3:30 to 7:30 p.m. The market is a True Farmers' market where all the produce is grown or produced on local area farms and sold by the farmers themselves. It is located at the corner of Viewpoint and Mountain Park Avenues on the Sacred Heart Church parking lot, one block west of the Juravinski Hospital, on the Mountain Brow. Come out and support the farmers and enjoy the fresh seasonal produce!

Vocations

The invitation to serve often comes more than once; are you prepared with your answer? Consider ministry as a priest. Are you being invited? **Contact Fr. Michael King**, Vocation Director, Diocese of Hamilton at 905-528-7988 email vocations@hamiltondiocese.com www.hamiltondiocese.com

National Catholic Care Week

From October 4 to 10, we celebrate National Catholic Health Care Week across Canada. The Week recognizes the inspiring work of Catholic health care organizations in our province and across Canada. At the heart of Catholic health care is a deep respect for the intrinsic value and dignity of every human being and an unwavering commitment to serving all people, from all backgrounds and faiths—especially society's most vulnerable.

This year the COVID-19 pandemic transformed our health care landscape and society. In Canada, the pandemic has shone a public light on many important social and ethical issues calling us all to reflect on the importance of human connection, quality of life, and the meaning of wellbeing—body, mind and spirit. The pandemic has also highlighted the timeless relevance of Catholic social teaching and our collective role in building a Canadian society that reaches out to every person who is suffering from illness, stigma, poverty, or loneliness.

During National Catholic Health Care Week, we give thanks for the courageous gift of Catholic health care during these challenging times—in hospitals, community health centers, or seniors care homes.

The pandemic calls us all to live the healing ministry of Jesus Christ. Holding all those impacted by COVID-19 in our hearts, we ask God to bless the work of Catholic health care and we offer our prayers, support, and encouragement for the people of our Catholic health organizations who care for all in need with compassion and courage.

For more information about Catholic health care in Canada or the week, please visit the Catholic Health Alliance of Canada website at www.chac.ca

Hamilton Diocese Prayer Calendar

Mon.	Sept. 28	Rev. Mark Morley
Tues.	Sept. 29	Rev. George Nowak, C.R.
Wed.	Sept. 30	Sisters of Our Lady Immaculate SOLI
Thurs.	Oct. 1	Rev. Ireneusz Koziak, S.A.C.
Fri.	Oct. 2	Rev. William Trusz
Sat.	Oct. 3	Rev. Mariusz Durbajlo
Mon.	Oct. 5	Rev. Claude Perera, O.M.I.
Tues.	Oct. 6	Rev. David Reitzel
Wed.	Oct. 7	Salesians of St. Don Bosco (S.D.B.)
Thurs.	Oct. 8	Rev. Patras Samuel Masih
Fri.	Oct. 9	Rev. David Reilander
Sat.	Oct. 10	Rev. Tom Moisan

Parenting Tip of the Month

The COVID-19 pandemic has changed the way we live in very real ways. Children are not immune to the impact that the virus has had and have probably heard more than we realize between media news clips and overhearing adults talking. This is a time to talk to your children and help them understand more fully what is going on in the world. Tell them that they can help themselves and others to be healthy and safe by following the instructions given by their parents, by teachers at school and by other adults who care for them. Remind them that our Catholic faith adheres to the fact that every person has dignity and each of us has to do our part to keep all people as safe as possible. As a family pray daily for all people to remain vigilant in their actions so we can defeat this virus. Empowering our children with concrete information and actions to undertake can prevent the development of very real anxieties from developing.

Marriage Tip of the Month

Couple relationships often experience strain during times of stress and the last several months have provided some of the highest stress many couples have faced. It is important to step back and recognize why tensions might be running high and then engage in actions that can release the pent up stress. Try cooking together, walking, biking or hiking together, praying together, or any activity that will bring laughter to the day. It may even mean finding ways to have some time apart, whether that be one person being outside while the other is in, or one person being on one floor of the house, while the other is on another. Time together is wonderful, but too much can be distressing! Remember that you are in this together and together you can find ways to feel connected and beat any feelings of stress.

Catechetical Correspondence Course

Programs available for children from Kindergarten through to High School not currently receiving religious instruction. Preparation for First Communion and Confirmation for children not in Catholic Schools also available. Families work through the programs at home. Contact Monica in the Catechesis Office at 905-528-7988, ext. 2238 or check out our website at www.hamiltondiocese.com and click on the Catechesis Office for more information, printable registration forms or to register online.

