

Mass for the Intentions Week

Tuesday, September 19, 2023

7:00 p.m. Cathy Doody
req family
Maria & Vic Kaslauskas
req Gus & Aldona Hubbard
Lou Rinaldo
req Joe Murphy
Special Intentions of Mike Hartnett
req Greg & Colette Donelson
In Thanksgiving to St. Joseph
req Gus & Aldona Hubbard

Thursday, September 21, 2023

9:00 a.m. Francisca Ong Chui
req Labuguen family

Sunday, September 24, 2023

9:00 a.m. Living & Deceased Members of Sacred Heart Parish

Tuesday, September 26, 2023

7:00 p.m. Cathy Doody
req family
Harry McKillop
req Sheena, Margaret, Art & family
Avril Goldie
req Dorothy Radjenovich
Margaret Spyrou
req Mary Livingstone
Deceased members of the Donelson & Clarke Families
req Greg & Colette Donelson

Thursday, September 28, 2023

9:00 a.m. Patrocino Paat, Gloria & Lolita
req Labuguen family

Sunday, October 1, 2023

9:00 a.m. Living & Deceased Members of Sacred Heart Parish

Weekly Donations

Sunday, Sept. 3, 2023 Total Revenue \$3,505.00

Sunday, Sept. 10, 2023 Total Revenue \$2,321.15

Don't forget about our Parish Centre

Ideal for anniversaries, small wedding receptions, baptisms, birthday parties and showers. To inquire about booking, please call 905-387-6650.

Twenty-Fourth Sunday in Ordinary Time

Receiving and Giving

Lord if my brother sins against me, how often must I forgive?

Matthew 18-21

I can never hear today's parable without being troubled. The question it poses is direct and unambiguous, and it cuts to the quick. How is it that, aware as I am of how much God has forgiven me, I so begrudge the extension of that forgiveness to others? When it comes to these things, I am too much the miser- carefully calculating the harm suffered and then nursing my grievance.

Receiving and giving is the very logic and dynamic of the Christian life, and that's why forgiveness is so much at the heart of it. We have received the grace to act towards others the way God acts with us. If I fail to forgive, then I short-circuit this gracious loop of receiving and giving. I set myself up as an idol, judging others with a harshness that belies the mercy God offers to me over and over again.

Lord, help me to forgive others as you have forgiven me.

Father Dennis Gallagher, A.A.

Frassati Leadership Program

The Office of Youth Ministry will be holding a Catholic leadership program for young people in grade ten (ages 15-16). This program will equip them and encourage them to draw closer to Christ and their respective communities. The goal of this program is that young people will join us for opportunities for formation as Catholic leaders and then go back to their respective communities to turn their learning into practice. Registration for this program closes September 30th and can be found at <https://hamiltondiocese.com/>.

Diocesan Marian Days

The Diocesan Marian Days continue on the first Saturday of the month (September 2 and October 7, 2023), at the Basilica of Our Lady Immaculate in Guelph. The day starts with Confessions at 9:00 a.m. followed by Holy Mass at 10:00 and a Rosary Procession at 11:00 a.m. Guided Tours of the Basilica are available during lunch from 12:00 to 1:00 p.m. Holy Hour and Marian Catechesis start at 1:00 p.m. followed by the closing Benediction at 2:00 p.m. All are invited to join! Please bring a lunch. Contact the Basilica for more information: (519) 824-3951.

Saturday Morning Men's Program

St. Margaret Mary Parish will once again be starting the **Saturday Morning Men's Program** beginning **September 23rd** and running each week until the end of April (**no session on October 7th, due to Thanksgiving and November 4th for the St. Margaret Mary Christmas Bazaar**). The spiritually fulfilling sessions begin at 7am and end at approximately 8:30am. The first program we will be running is a St. Augustine Institute FORMED program called "*Presence: The Mystery of the Eucharist*." It is very well made and promises to be spiritually fulfilling as well as a fantastic way for men to deepen their faith and forge new friendships. Each week coffee and snacks are provided.

We pray as many men as possible would consider attending the Saturday Morning Men's Program. It is not exclusive to only the men of St. Margaret Mary Parish, so please feel free to attend and invite your friends who may be interested. If you are not able to attend each week that is not a problem as we encourage all the men to attend as often as they are able. Last year we started with approximately 10-12 men each week and gratefully finished the year with between 25-30 men which is a great testament to the spiritual benefits we believe it provided.

Please email Jeff Toole (jctoole9@yahoo.ca), if you are interested or have any questions.

Grief Relief

Has someone you cared about died? Are you grieving the loss of the person's presence in your life? Are you looking for relief from the feelings associated with the loss of this loved one? Are you wondering if your feelings are normal? You are not alone! The Diocese of Hamilton has grief programs to help. Find out more on the Diocesan website at <https://hamiltondiocese.com/offices/family-ministry/grief-support>, or call Teresa at 905-528-7988 ext. 2250. We have programs running in both Waterloo and Hamilton this fall.

Struggling After an Abortion?

Either your own, or someone else's? Do you feel alone, emotional, or angry? Project Rachel is available to help. This confidential service allows people to work through their feelings on an individual basis, with a trained counsellor, to find hope and healing. Please contact us at 905-526-1999.

The Needy in Sacred Heart Community

At Sacred Heart Parish we help out those in our community that need extra help with their groceries. Items we are in most need of at this time are:

Canned fish	canned meat
Canned fruit	canned soups
Canned vegetables (corn, carrots, yellow & green beans)	Dry Pasta

Please drop off your donations at the doors of the church.

Marriage Tip of the Month

When asked what matters most to someone who is married, people often answer my wife/husband and children. It is important to see if your actions reflect that belief. Do you spend time together daily talking about your day and important matters? Do you plan a date night with your spouse (even if it is from home), so your children see the love you share? Do you do little tasks that need doing without being asked? Do you compliment your spouse and tell them you love them? What we do tells others what matters – be sure your spouse knows they do!

Vocation Prayer Calendar

Mon. Sept. 18 Rev. Krzysztof Szkubera, C.R.
 Tues. Sept. 19 Rev. Sunil D'Souza, O.C.D.
 Wed. Sept. 20 Salesians of St., Don Bosco (S.D.B.)
 Thur. Sept. 21 Rev. Melvin Pinto, O.C.D.
 Fri. Sept. 22 Rev. Vivek Trindade
 Sat. Sept. 23 Rev. Raphael Ma, C.R.
 Mon. Sept. 25 Rev. Murray McDermott, C.R.
 Tues. Sept. 26 Rev. Francisco Cruz
 Wed. Sept. 27 Parish Staff
 Thur. Sept. 28 Rev. Mussie A. Keflezghi, M.C.C.J.
 Fri. Sept. 29 Rev. Brian Quigley
 Sat. Sept. 30 Rev. Jungheon (Francisco) Kwak

Restart: Moving Forward

Our 10-week program offers support to anyone seeking to heal and move forward after divorce or separation. The sessions will run from Sept. 19-Nov. 28 and take place from 7-9 pm at the Chancery Office at 700 King St. West in person, or you are welcome to join our zoom classroom. Cost is \$35 for materials, but no one is turned away. Registration is required so please call Sarah at 905-528-7988 ext. 2249, e-mail familyministry@hamiltondiocese.com, or register online at hamiltondiocese.com and look under Upcoming Events.

