

# Mass for the Intentions Week

## Tuesday, May 4, 2021

7:00 p.m. Cathy Doody  
req family  
Leo Doody  
req family  
Maria, Evaristo & Gene Carreiro  
req Oliver Carreiro  
Souls in Purgatory  
req Oliver Carreiro  
Frank Duffy  
req Mike Morton

## Thursday, May 6, 2021

9:00 a.m. John Joch  
req Susan & family

## Sunday, May 9, 2021

9:00 a.m. Living & Deceased Members of Sacred Heart Parish

## Tuesday, May 11, 2021

7:00 p.m. Cathy Doody  
req family  
John McKillop  
req Sheena, Margaret, Art & family  
May McTiernan  
req Chuck & Theresa Emberson  
Doug Kinsley  
req Mike Morton  
Annette Williams  
req Frank & Helen Morley  
Angel Ginesco  
req frank & Helen Morley

## Thursday, May 13, 2021

9:00 a.m. A.D. & Mark MacDonald  
req Lita

## Sunday, May 16, 2021

9:00 a.m. Living & Deceased Members of Sacred Heart Parish

### Parish Support

Keep your love for your parish alive. Remember Sacred Heart Parish in your will and when recommending expressions of sympathy.

## Sunday, April 18, 2021

Total Revenue \$1,456.00

## The Fifth Sunday of Easter

### Graced Fruitfulness

**By this is my Father glorified, that you bear much fruit...** **John 15:8**

Very little seems more barren than pruned vines. I love to see my daddy surreptitiously pick and savor ripe grapes in our convent vineyard. I did the same in the vineyards of Frascati in Italy during my thirty day retreat there. Both, when lush with purple grapes, seemed to cry out in praise with God. Seeing their fruitfulness erased the memory of a pruned-back vineyard.

Today's scripture takes us to another level. Often pruned by the demands of living, we, by faithful kind acts and in unconditional love of others, bear fruit and glorify God. Clinging to Christ, we, the laden branch, become a daily Eucharist, blessed, broken, given.

Is this not worth any painful pruning?

Sr. Bridget Haase, O.S.U.

### A Century of Cooking & Baking

We are awaiting your recipes for our 100<sup>th</sup> anniversary recipe book entitled [A Century of Cooking and Baking](#). Please email your recipes to Theresa Emberson at [sacred.heart@cogeco.ca](mailto:sacred.heart@cogeco.ca) or mail/bring them into the rectory office. We hope that this recipe book will reflect our Sacred Heart Parish community in many ways. Chapters to be included are: Market Day recipes, Coffee Sunday Recipes, Soup Fest Recipes, Spaghetti Suppers, Pot Lucks, Barbeques and Picnics, Christmas Bazaar and Holiday Baking, and Recipes from Our Neighbourhood. Proceeds from the sale of the books will go to Neighbour to Neighbour. We look forward to those favorite, heirloom, and always delicious recipes of dishes and treats.

### Updates Re; 100<sup>th</sup> Anniversary Celebration

Together as we persevere to stop Covid 19, we continue to journey as best we can, in the 100<sup>th</sup> anniversary of our Sacred Heart Parish.

I would like to remind you, in these times when we are at home more, to look for photos that reflect our Sacred Heart memories...

Pictures of special celebrations... weddings, baptisms, first communions, personal celebrations and events at Sacred Heart. Please take a picture on your cell phone and send as an attachment to Theresa's email. [sacred.heart@cogeco.ca](mailto:sacred.heart@cogeco.ca)

### 100<sup>th</sup> Anniversary Factoid #12

From February, 1997 to June, 1997, Father Wallace Metcalf served Sacred Heart Parish as administrator. Then Father Michael Downey became pastor of Sacred Heart in July, 1997 and sustained our Parish with his leadership and deep faith until June, 2006. During this time parishioners were welcomed to join together in living the beatitudes in our modern world. Father Downey was very committed to great stewardship of our environment, and to meeting the needs of the marginalized in our parish community. He initiated the collection of food for the needy of our Sacred Heart community, and the Christmas Giving Tree. Parishioners had the opportunity to share their blessings with others. To share the gifts of the Holy Spirit in a more intimate way, Father Mike started a Charismatic prayer group in our parish. Also, he led pilgrimages to the Holy Lands and Jordan, to the Spiritual Heart of Italy, and also to Religious locations in Poland. With compassion and caring, Father Downey and the Sacred Heart Catholic Women's League representatives visited Sacred Heart Parish in New York City and presented them with a remembrance of 9/11- a quilt that the Sacred Heart CWL ladies had made. Throughout his years at Sacred Heart, Father Downey promoted hospitality and community building. There were pancake breakfasts, coffee Sundays, and mass and picnics in Dundas Park. He was always available to bless parishioners on special occasions - students going away to school, special wedding anniversaries, and other momentous occasions in life. Through his initiative, a new Photo Directory was published. Following Diocesan guidelines, he started a screening committee for candidates wishing to serve within the Parish. Of course, infrastructure work was ongoing. The church was painted and a new roof was installed.

Because of Father Downey's tremendous commitment to his priestly vocation, he was a mentor to new seminarians. These included the now ordained Father Peter Meyer, Father Jason Kuntz, and Father Duy Van Nguyen. Father Mike also invited his clergy friends to visit our parish and they shared their great gifts of faith to inspire the congregation. Father Lazare from Corsica often came to assist Father Downey as he recuperated from illness. Father Lazare gave insightful retreats and especially the one that focused on the Sacred Heart of Jesus. Father Lorcan Murray from the Caribbean brought great joy and enthusiasm to our everyday living of our faith. In May 2004, Deacon

Rev. Mr. Austin Lupton, our parish's first permanent deacon was assigned to assist Father Downey on a regular basis. Deacon Lupton took part integrally in the life of our Parish. From baptism, wedding and funeral celebrations to Sunday mass homilies, Deacon Austin connected with parishioners in a caring, compassionate, and articulate manner. He was loved by all for so humbly serving others, and for fulfilling his duties as a Deacon in an exemplary manner. (2004-2009)

In the time span of 1997 to 2006, Father Downey pastored the Sacred Heart flock with caring and committed leadership to help each parishioner grow closer to our Lord. Father Downey blessed Sacred Heart Parish with a wonderful chapter in its history.

### Catholic Education Week

Catholic Education Week 2021 begins on Sunday, May 2, 2021. The Catholic schools in our parish will engage in a series of events to celebrate the ongoing gift of publicly-funded Catholic education. You are invited to learn about the various celebrations that are happening in your children's school, and are welcome to attend, if possible. Publicly funded Catholic education has existed in Ontario since 1841 and its graduates have served Ontario and Canada very well. The current generation of students in our publicly funded Catholic schools will serve with the same spirit and generosity as their previous generations.

This year's Catholic Education Week theme is, "*Nurturing Hope.*"

The theme for Catholic Education Week 2021 was inspired by the following considerations:

- Recognition of the special Year of Laudato Si' which will run through May 24, 2021, announced by Pope Francis on May 24, 2020, the fifth anniversary of his papal encyclical, "On Caring for Our Common Home."

- In the face of the ongoing reality of the COVID-19 pandemic, a strong desire by the planning committee, along with those consulted, and supported by feedback from the survey, for continuity with the theme for Catholic Education Week 2020, *Igniting Hope*, which has served so well during the spring recess from in-school instruction.

- The challenges to personal and spiritual well-being posed by the uncertainty and physical isolation of the current global crisis makes the timing and the concerns of Mental Health Week, which takes place during the same week as Catholic Education Week, all the more relevant.

- Ongoing recognition of the Truth & Reconciliation Commission and the relevance of Indigenous culture and spirituality to the spirit of Laudato Si.

The CEW biblical quote is, "*Those who hope in the LORD will renew their strength.*" (Isaiah 40:31)

