

Mass for the Intentions Week

Please note: There will be no weekday daily masses from April 1st through to April 15th as Father Charlie Jordan will be on a well-deserved vacation. Wishing him a relaxing and enjoyable time.

Sunday, April 1, 2024

Living & Deceased Members of Sacred Heart Parish

Sunday, April 7, 2024

9:00 a.m. Living & Deceased Members of Sacred Heart Parish

Blessing at the Easter Meal

Blessed are you, Lord our God, creator of the universe and our Father,

You have guided us in Lent through prayer and fasting. And now fill our hearts with joy at the resurrection of Jesus and our share in his life.

Remember that we are your holy people,

And bless this food for our rejoicing.

Bless us too, and keep us in your love.

Blessed are you, Lord our God,

By all people for ever and ever. Amen.



OFFERING

Parish Legacies & Bequests

Keep your love for your parish alive. Remember Sacred Heart Parish in your will and when recommending expression of sympathy.

Donations

Sunday, March 17, 2024 Total Revenue \$5,325.00

Sunday, March 24, 2024 Total Revenue \$3,667.86

A Blessed Easter



**THE LORD IS RISEN!
ALLELUIA!**

Think of what is above.

Today is a day of great joy and celebration. That's because Jesus Christ, who suffered a cruel death and rose from the tomb, is now risen in glory. And now that you are "raised with Christ," he invites you to enter into his joy (Colossians 3:1).

You may feel full of joy today. But what if you don't? What if you feel weighed down by worries and burdens? There is still a way you can experience Easter joy.

How? By faith.

As St. Paul writes in today's second reading, "Think of what is above." (Colossians 3:2). By faith, you can recall that God loves you, that he is with you, and that he has won the victory over death and sin – including all of *your own* sins! Scripture promises that "there is no condemnation for those who are in Jesus Christ" (Romans 8:1) That's you! "When Christ who is your life, appears, then you too will appear with him in glory" (Colossians 3:4) That's you!

Recalling these truths can lead you into another experience of Easter joy: the joy of serving the Lord and His people. Peter must have been overjoyed when Jesus told him "Feed my lambs" (John 21:15). His failures and sins – even his denial of the Lord – had been washed away! Now he could participate in the mission of the risen Christ. As you serve Jesus today – by loving others, by sharing your faith or by joyfully preparing a family meal – believe that, just like Peter, you are also participating in Jesus' mission. And that is a true and certain path of joy.

Easter joy is not just about gathering for Mass or enjoying a feast or wearing a special outfit – you know that! It comes about through faith and service, and it can last all year long. So set your heart on "what is above" today (Colossians 3:2). Then hear Jesus say "Come and share in my joy!" "*Jesus, I rejoice in your resurrection!*"

Vocations

The glorious Feast of the Resurrection of Christ proclaims, forever, that life is greater than death. Jesus commanded us to preach this good news to all peoples in all places at all times. If you think God is calling you to minister in His Church as a priest, religious or permanent deacon, call Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905-528-7988 email vocations@hamiltondiocese.com hamiltondiocese.com/vocations/.

Vocation Prayer Calendar

Mon. Apr. 1 Rev. Piotr Machnacki, S.A.C.
 Tues. Apr. 2 Very Rev. Ranjan D'Sa, O.C.D.
 Wed. Apr. 3 Oblates of Mary Immaculate (O.M.I.)
 Thur. Apr. 4 Rev. Joseph Ahilan, C.R.S.P.
 Fri. Apr. 5 Rev. Benedict T. Insigne, C.R.S.P.
 Sat. Apr. 6 Rev. David Avila
 Mon. Apr. 8 **The Annunciation of the Lord**
 Tues. Apr. 9 Rev. Allen Varlaki
 Wed. Apr. 10 Permanent Deacons
 Thurs Apr. 11 Rev. Rajesh D'Souza, O.C.D.
 Fri. Apr. 12 Rev. Jerzy Tomon
 Sat. Apr. 13 Parents & Guardians

Sacred Heart of Jesus Catholic Elementary School 100 Years of Excellence

Join us for the 100th Anniversary Mass celebrated by his Excellency Bishop Douglas Crosby on Thursday, May 16, 2024 at 9:30 a.m. at Sacred Heart Church. Also an open House at Sacred Heart School 5 – 8 p.m. Please R.S.V.P. by Thursday April 18, 2024 at SAHE@HWCDSB.CA

Vocations Recognition Dinner 2024

The Serra Club of Hamilton invites you to gather on Wednesday, May 15, 2024 at Liuna Station to celebrate the service of our Priests, Religious Brothers and Sisters, Permanent Deacons and Consecrated Virgins Living in the World. Doors open at 6:00pm. Tickets are \$90 per person. Please contact serrahamilton1965@gmail.com for tickets and more information. Co-sponsored by the Vocations Office of the Diocese of Hamilton.

Youth Group at Blessed Sacrament Parish

Grades 7+ join us on April 26th for Youth Group. Meet us at the parish hall at 7:00 p.m. Download a permission form from our website, if you have never attended before.

Parenting Tip of the Month

Parents are the most influential people in their children's lives. Even in the teen years, when peers become so important, parents are still influencing their children in almost every way. As their role model, it is important to ask yourself if what your children are seeing and hearing from you is how you would like them to act and speak. Do you speak kindly to family, friends and strangers? Do you limit the amount of time you engage on your phone and/or tablet/computer? Do you show them that you rely on God through prayer, attending Mass and talking about times God has helped you through? Your children are watching you to know how to act and behave, so look inward at how you act and speak and be sure you are the person you want your child to become.

Marriage Tip of the Month

When we marry, we gain a spouse and his or her family. It is essential that we agree to ensure that we, as a couple, have the most important connection and that we remain united as a family unit when stresses with extended family arise. This means coming to agreement with each other on items such as how to celebrate holidays and traditions, the raising of children and other areas that directly impact us as a couple, even when family wants to have input. Our families can provide wonderful support to our marriage, but we must remember that the essential relationship is between our spouse and ourselves.

First Communion Retreat

The First Communion Retreat will be held at Blessed Sacrament Parish, Saturday, April 20th. Information will be sent home to families through the school. If your child does not attend one of our parish schools, please email Rachel for a permission form/details. blessedsacramentyouth@hotmail.com

Understanding the Mass (Blessed Sacrament)

We invite all teens and young adults to join us for a 5 week series on the Mass. This five-part series will help teens come to see the Mass and the priesthood in a dramatically new way. Altaration is designed to stir thought, create conversation, dispel myths, and inspire young souls to a deep and lasting love for the Mass. For more information and to register, visit here: <https://tinyurl.com/5weekmass>

