

Mass for the Intentions Week

Tuesday, March 16, 2021

7:00 p.m. Cathy Doody
req family
Regina Mullaley
req family
Grazia Milioto
req Wally & Mary Ann Ley
Avril Goldie
req Carolyn Lupton

Thursday March 18, 2021

9:00 a.m. Catalina Bartolome
req Lita
Lill Anderson
req Chuck & Theresa Emberson

Sunday, March 21, 2021

9:00 a.m. Living and Deceased members of Sacred Heart Parish

Tuesday, March 23, 2021

7:00 p.m. Cathy Doody
req family
Rita O'Neil
req Chuck & Theresa Emberson
Roberta Koch
req Jim Lapore & Patrick Slattery

Thursday, March 25, 2021

9:00 a.m. Barry Snow
req Susan & family
Florentino Bartolome
req Lita
In Thanksgiving
req Angelita Agbing

Sunday, March 28, 2021

9:00 a.m. Living & Deceased Members of Sacred Heart Parish

Parish Support

Keep your love for your parish alive. Remember Sacred Heart Parish in your will and when recommending expressions of sympathy.

Sunday, February 28, 2021

Total Revenue \$3,063.00

Sunday, March 7, 2021

Total Revenue \$

Fourth Sunday in Lent

A young gang member in a state prison told the priest who came to visit him about a dream he had in which the two were together in a completely dark room. The youth was searching for the light switch but in vain. However, the priest had a flashlight that he shone on the switch. He didn't go over to turn it on, but simply showed the youth where it was. The youth had to go and turn on the light himself. And his comment to the priest was, "The light is so much better than the darkness."

The light of Christ is so much better than the darkness of selfishness and sin. But Christ cannot force that light upon us. As the Gospel tells us, we have to come to the light. We have to choose to allow the light of Christ to shine in and through us. Sometimes we need a little help to find it because we don't know where to look. But once we find the light of God's loving presence in our life and embrace it, life looks a whole lot better. May the light of Christ, lifted up for our salvation, shine brightly in us so that all we do may be done in God and be a witness to the power of God's love.

Chrism Mass

His Excellency, Bishop Crosby, will celebrate the Mass of Chrism on Monday, March 29th, 2021 in the Cathedral Basilica of Christ the King, Hamilton. This year, due to COVID capacity limitations and social distancing requirements, **attendance at the Chrism Mass will be limited to Priests only.** Each year at the Mass of Chrism, the Bishop blesses the Oil of the Sick, and the Oil of Catechumens, and consecrates Sacred Chrism. The blessed and consecrated Oils are taken to the Parishes of the Diocese to be used in the celebration of the Sacraments for the coming year. The Priests serving in the Diocese, together with the Bishop, renew the promises of their Ordination in which they committed themselves to serve this local Church in imitation of Christ the Priest, Prophet and Shepherd. Let us pray for all who minister to God's holy people in our Diocese – our Bishops, Priests, Deacons, lay leaders, and all God's holy people.

Confession Times prior to Easter

Thursday, March 25th - after 9:00 a.m. mass

Tuesday, March 30th - after 7:00 p.m. mass

OR by appointment please call the office.

Share Love, Share Lent: The passion of youth.



Did you know Development and Peace has an active youth movement from coast to coast? The *Share Love, Share Lent* campaign celebrates the passion and commitment of youth, who represent the present and the future of the Development and Peace movement.

Join them in supporting our work for positive change in Canada and the Global South.

Start a solidarity letter chain in aid of Development and Peace.

Learn how at devp.org/chainletter.

Parenting Tip of the Month

The amount of time spent together as a family during COVID might be considered by some to be too much, but it may also be filling a real need. Past research has shown that children consistently identify a desire to spend more time with their parents and family. Time for them means direct, active engagement. The long-term benefits to family relationships are proven: children grow up healthier in mind, body and spirit. Enjoying quality time with their family's means children are more likely to turn to their family for love and support, keeping them healthy. So play with your kids, watch a movie together and discuss its message(s), pray together, be active together, cook together and/or clean together; the possibilities are endless. So remember, time with family is powerful when it is interactive, shared by all and fun!

Marriage Tip of the Month

At the heart of every relationship there needs to be a foundation of love and respect. When couples respect each other, including their differences, they continually build each other up and enjoy time together. When we respect the other in relationship, we can accept their desire to influence us with their understanding of what is true, good and beautiful. When we are open to our spouse's view of things, we not only grow, but we grow together. When we grow together, we cannot help but grow in love.



Happy St. Patrick's Day

100th Anniversary Celebration

As part of our ongoing celebration activities, the committee is providing a delicious shamrock cookie to all Mass attendees on the 14th of March. Luck of the Irish to all!!!

Please remember to keep sending in those Sacred Heart photos, and your best recipes by e-mail to sacred.heart@cogeco.ca.

100th Anniversary Factoid #8

Father Kevin Sheridan, who became pastor in 1975, also served as the Catholic chaplain at the Henderson (now Juravinski) Hospital, and later as a trustee on the Hamilton Catholic School Board. Because of Father Sheridan's leadership and foresight many positive and noteworthy changes were made. In 1981, he worked on the official diocesan history, and created the appointment of the first diocesan archivist. At Sacred Heart Parish, he led in the formation of its first permanent choir. Roy Sweeney had long been the parish's organist, and now there was a choir which the congregation joined in lifted voices to praise God. Congregational singing was one of the directives brought on by Vatican II. With strong faith, eloquent sermons, and wisdom, Father Sheridan served Sacred Heart until 1983.

CWL Membership

Membership Fees are due in the month of February & March. You can use your CWL fees envelope in your weekly donation envelopes box or, in a plain envelope with your name and address on it, enclose **\$22.00** and put it in the collection basket. Or mail it to the office.

Vocations

St. Paul reminds us that we are "created in Christ Jesus for good works". If you think God's plan for you could be to be a priest, religious, or permanent deacon, call Fr. Michael King, Director of Vocations, Diocese of Hamilton, 905 528-7988 ext. 2246.

Email: vocations@hamiltondiocese.com

Website: <https://hamiltondiocese.com/vocations/>

Updates Re; 100th Anniversary Celebration

Together as we persevere to stop Covid 19, we continue to journey as best we can, in the 100th anniversary of our Sacred Heart Parish.

I would like to remind you, in these times when we are at home more, to look for photos that reflect our Sacred Heart memories...

Pictures of special celebrations.. weddings, baptisms, first communions, personal celebrations and events at Sacred Heart. Please take a picture on your cell phone and send as an attachment to Theresa's email. sacred.heart@cogeco.ca

Also we are planning a 100th Anniversary Cookbook. We will choose some recipes from our 75th Anniversary Cookbook- but we are inviting - the many wonderful chefs out there - and foodies out there- to send in recipes to be included. We all love food- and in these covid 19 times – maybe we have even a greater appreciation for it!!!

Again, please send these recipes as an attachment to Theresa at the rectory. The email address is on the prayer card. We have posters at the back of the church with this information.

Or just call Theresa and she will give you the information on how to get the photos and recipes to her.