

# Mass for the Intentions Week

## Tuesday, June 27, 2023

7:00 p.m. Cathy Doody  
req family  
George Ledo  
req Oliver & Karen Pavao  
Special Intention  
req Gus & Aldona Hubbard  
Special Intention  
req Theresa Emberson

## Thursday, June 29, 2023

9:00 a.m. Marguerite Mooney  
req family  
Molito Valledor & deceased members of  
the family  
req Tessie  
Intentions of Brother Justin  
req Rita Dugas

## Sunday, July 2, 2023

9:00 a.m. Living & Deceased Members of Sacred  
Heart Parish

## Tuesday, July 4, 2023, 2023

7:00 p.m. Cathy Doody  
req family  
Maria, Evaristo & Gene Carreiro  
req Oliver Carreiro  
Souls in Purgatory  
req Oliver Carreiro  
Elfrieda Purnell  
req Oliver & Karen Pavao

## Thursday, July 6, 2023

9:00 a.m. Nena Pascua  
req Tessie  
Angelita Legaspi  
req Dannilo, Leonila Junio & family

## Sunday, July 9, 2023

9:00 a.m. Living & Deceased Members of Sacred  
Heart Parish



**PARISH  
SUPPORT**

### Weekly Donations

*Sunday, June 11, 2023*

Total Revenue 2,332.00

*Sunday, June 18, 2023*

Total Revenue \$2,997.05

## Hamilton Diocesan Marian Days

The Diocesan Marian Days are scheduled on the first Saturday of the month from July to October 7, 2023, at the Basilica of Our Lady Immaculate in Guelph. The day starts with Confessions at 9:00 a.m. followed by Holy Mass at 10:00 and a Rosary Procession at 11:00 a.m. Guided Tours of the Basilica are available during lunch from 12:00 to 1:00 p.m. Holy Hour and Marian Catechesis start at 1:00 p.m. followed by the closing Benediction at 2:00 p.m. All are invited to join! Please bring a lunch. Contact the Basilica for more information: (519) 824-3951.

## Vocations

“Have no fear” Considering a ministerial vocation is not popular, but it may be what God is calling you to. If God is calling you to the priesthood, diaconate, religious or consecrated life, contact Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905 528-7988.

Email [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com)  
[www.hamiltondiocese.com/vocations/](http://www.hamiltondiocese.com/vocations/)

## Vocation Prayer Calendar

Mon. June 26 Very Rev. Jeff Bergsma  
Tues. June 27 Most Rev. Douglas Crosby O.M.I.  
Wed. June 28 Holy Ghost Congregation (Spiritans)  
Thur. June 29 **Saints Peter & Paul**  
Fri. June 30 Rev. Guillermo  
Sat. July 1 Rev. Paul Edmondstone  
Mon. July 3 Most Rev. Matthew Ustrzycki  
Tues. July 4 Rev. James Petrie  
Wed. July 5 Institute of Kkottongnae Sisters of  
Jesus  
Thur. July 6 Rev. Fadi Rizk  
Fri. July 7 Rev. Francesco Cucchi  
Sat. July 8 Rev. Grzegorz Ogorzalek

## Grief Relief

Has someone you cared about died? Are you grieving the loss of the person's presence in your life? Are you looking for relief from the feelings associated with the loss of this loved one? Are you wondering if your feelings are normal? You are not alone! The Diocese of Hamilton has grief programs to help. Find out more on the Diocesan website at <https://hamiltondiocese.com/offices/family-ministry/grief-support>, or call Teresa at 905-528-7988 ext. 2250. We will have programs running in both Waterloo and Hamilton this fall.

### Celebrate the Gift of Music

If interested, reach out to Fr. Charlie at Sacred Heart Parish 905-383-3280 | [lessons@hamiltonmusicschool.com](mailto:lessons@hamiltonmusicschool.com)



with music lessons available now at Sacred Heart Church!

We offer weekly instruction in vocals, guitar, ukulele, piano, electric bass, and more. All ages and musical styles welcome, from beginner to advanced. With an emphasis on your personal goals and skill level, we give music lessons tailored entirely to you or your child. Enrich your life today!

### Vacation Bible School: Save the Date!

July 17<sup>th</sup> to 21<sup>st</sup>. We are looking for high school aged students and adults to help run the Vacation Bible School program at Blessed Sacrament Parish this summer. High School students and those graduating grade 8 can receive hours towards their graduation requirements. Please email Rachel at [blessedsacramentyouth@hotmail.com](mailto:blessedsacramentyouth@hotmail.com) if you are able to assist or for more information.

### Did You Know?

Children in our parishes benefit from the Catechetical Correspondence Program each year for ongoing religious education and preparation for the Sacraments. We need volunteers to support the program! If you are willing to accompany these children in their learning journey, please reach out to the Office for Evangelization and Catechesis at [catechesis@hamiltondiocese.com](mailto:catechesis@hamiltondiocese.com). To learn more about the Catechetical Correspondence Program, please visit: <https://bit.ly/DOHCCC>.

### Frassati Leadership Program

Young people entering grade 10 in September are invited to register for the Frassati leadership program. This year long program is designed for young Catholic leaders who want to expand their Catholic leadership skills and grow in their relationship with Christ and their communities. For registration and more information please visit: <https://hamiltondiocese.com/offices/youth-ministry/frassati>.

### Don't forget about our Parish Centre

Ideal for anniversaries, small wedding receptions, baptisms, birthday parties and showers. To inquire about booking, please call 905-387-6650.

### Are you a student? Are you interested in pursuing medical school?

The Dr. H. Patrick and Mrs. Gayle E. Cunningham Medical Scholarship has been established to provide grants for Catholics who want to pursue medical school. If you are interested or know anyone who is, please encourage them to apply. The application deadline is July 28, 2023. If you have any questions please contact Mary Claire Morgan at [mcmorgan@hamiltondiocese.com](mailto:mcmorgan@hamiltondiocese.com).

### Parenting Tip of the Month

Summer should be a time of relaxation, slowed schedules and time spent together as a family. All three of these are essential elements for good mental health for all family members, including children. So, together spend time outdoors, play games, cook or bake and pray because these are the moments that will strengthen your family bond. Take a holiday from social media and devices while doing so, which can help to prevent the negative mental health issues in children they are known to produce. Renew your commitment to in person, device free time together this summer and watch your children thrive. From: Family Ministry Office; 905-528-7988 ext. 2250.

### Marriage Support

Your marriage doesn't have to feel like it is more trouble than joy, that it feels stagnant or disconnected and/or that it is causing you constant stress. The solution is Retrouvaille - a program for married couples facing difficult challenges in their relationship. Retrouvaille has one purpose: to help couples restore their marriage and rebuild a loving relationship. This is a practical program, where sharing is not required except between the couple themselves, designed to improve communication, build stronger marriages, and help couples reconnect. It also works well for couples who may be considering separation or divorce. The next Retrouvaille weekend is Oct. 20-22. For more information call 905-664-5212 or email [teamrecine@gmail.com](mailto:teamrecine@gmail.com).

### Mount Mary Immaculate Retreat Centre

Mount Mary Immaculate Retreat Centre would like to welcome any groups or individuals looking to book a retreat experience. With a large Chapel and acres of untouched green space Mount Mary is an ideal location for anyone seeking a space for a retreat. For more information and to book your retreat please visit [www.mountmary.ca](http://www.mountmary.ca).