

# Mass for the Intentions Week

## Tuesday July, 9 2024

7:00 p.m. Cathy Doody  
req family  
Dennis Ryan  
req Wally & Mary Ann Ley  
Marie Coat  
req Maureen Richardson  
Luisa Maria Merkusa  
req Gus & Aldona Hubbard  
Ed Gilbert  
req Mike Morton  
Intentions of St. Joseph  
req Gus & Aldona Hubbard

## Thursday, July 11, 2024

9:00 a.m. In Thanksgiving, Cruz, Adraneda,  
Callaway families  
req Cruz family

## Sunday, July 14, 2024

9:00 a.m. Living & Deceased Members of Sacred  
Heart Parish

## Tuesday, July 16, 2024

7:00 p.m. Cathy Doody  
req family  
Barb McKillop  
req Sheena, Margaret, Art & family  
Bill Coat  
req Maureen Richardson  
Kenny Dawson  
req Mike Morton  
Joe Giglia  
req wife Barb

## Thursday, July 18, 2024

9:00 a.m. Arthur Cruz & Intentions of the Cruz  
family  
req Phyllis Melko  
Federico & Marta Valledor  
req Tessie

## Sunday, July 21, 2024

9:00 a.m. Living & Deceased Members of Sacred  
Heart Parish

## Tuesday, July 23, 2024

7:00 p.m. Dennis Ryan  
req Gus & Aldona Hubbard  
Connie & Bruno Kaminskas  
req Gus & Aldona Hubbard  
Norma Tessier  
req Marie Wright

Clyde Ferris  
req Chuck & Theresa Emberson  
Jack Graham  
req Susan Snow

## Thursday, July 25, 2024

9:00 a.m. Intentions of Phyllis Melko  
Josie Cruz & family

## Sunday, July 28, 2024

9:00 a.m. Living & Deceased member of Sacred  
Heart Parish

## Tuesday, July 30, 2024

7:00 p.m. Norma Tessier  
req Marie Wright  
Maria, Evaristo & Gene Carreiro  
req Oliver Carreiro  
Souls in Purgatory  
req Oliver Carreiro

## Thursday, August 1, 2024

9:00 a.m. Alfredo Tamayo  
req Sibolboro family

## Sunday, August 4, 2024

9:00 a.m. Living & Deceased members of Sacred  
Heart parish

### Parenting Tip of the Month

The first day of July starts with a celebration of Canada and all that our country has to offer. It is a wonderful month to celebrate summer with family and friends and a great time to remember to pray for our country, be thankful for our freedom to celebrate our Catholic faith and to look at the many riches our country has to offer us. So, speak to your children about their wonderful country, about the beauty God has created here for them and about the many blessings they experience as Canadians. It is easy to dwell on the negative, but teaching our children to have an attitude of gratitude for their blessings makes for a healthier frame of mind!

### Marriage Tip of the Month

Love is a choice and sometimes little choices can make for a more loving and contented relationship. A smile and kiss as a greeting, a thank you for something your spouse does for you or for the family, a little note of gratitude for their gifts and talents. Over time, we can forget that kind words, compliments and seeing the good can change the way we interact. Choose to take these actions and watch your love grow.

Please note: There will be only one bulletin each month for the summer.

***I am content with weakness. (2 Corinthians 12-10)***

Is Paul joking? Who would be content with weakness? Most of us would want to be strong and in charge, at the top of our game. In fact, we are more likely to minimize or disguise our limitations or difficulties. So why would Paul be happy not only with weakness but also with “insults, hardships, persecutions, and constraints” (2 Corinthians 12:10)?

Because all of his suffering, including the “thorn in the flesh” that he describes in today’s second reading (2 Corinthians 12-7), had taught Paul a lesson. When he was at his weakest, humanly speaking, God’s strength flowed through him the most. When he stopped relying on his own strength and trusting in his own gifts, the Lord’s power dwelt within him more perfectly.

St. Therese of Lisieux learned a similar lesson. Painfully aware of her own “littleness” and inability to “climb the stairs to holiness” she found an elevator – the arms of her heavenly Father. Just as a small child relies on her father to lift her and carry her up the stairs, so Therese came to trust and rejoice in her heavenly Father’s strength to carry her in her weakness.

There is a freedom that comes with recognizing our limitations and embracing this kind of childlike dependence on God. The more we honestly acknowledge our weakness, the more room we make for God’s strength to grow in us. We realize that there is only so much we can do ourselves. But we also realize that as soon as we stop thinking everything depends on us, God will show us what he can do.

So let’s embrace our “littleness.” Let’s lean into our weakness and rely on God’s strength so that we can reveal his power more and more clearly.

**“Father, I acknowledge my weakness. Lord, come and carry me!”**

**Vocations**

Today’s readings speak of prophets sent by God. Could God be calling you to be His voice in His Church at this time? If so, you could give it a try by responding to that inclination towards the priesthood, religious life or the diaconate. Call Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905-528-7988 email [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com) website [hamiltondiocese.com/vocations/](http://hamiltondiocese.com/vocations/).

**Donations**

**Sunday, June 23, 2024** Total Revenue \$6,970.25

**Sunday, June 30, 2024** Total Revenue \$2,987.55

**Celebrate Grandparents & the Elderly**

The fourth World Day to celebrate Grandparents and the Elderly is July 28, 2024. Pope Francis says that the day is an opportunity to bring together the various age groups to honour our elderly: “What is important is the unity of the different ages of life, which is the real point of reference for understanding and valuing human life in its entirety.”

**The Annual Novena to Saint Anne**

The Novena to St. Anne will take place July 18-26 with Novena Prayers and Mass each evening at 7 p.m. at St. Ann Parish in Hamilton. Mindful that St. Ann has been a powerful intercessor in the past, the parish invites everyone to submit their prayer intentions at [www.stannhamilton.church](http://www.stannhamilton.church) and they will be added to the Novena Intentions Book. Plan now to join us for the Novena!

**Vocation Prayer Calendar**

Mon. July 8	Rev. Jonathan Reitzel
Tues. July 9	Rev. Francis Noronha, C.S.C.
Wed. July 10	Holy Ghost Congregation (Spiritans)
Thur. July 11	Rev. Alberto Ferreira
Fri. July 12	Most Rev. Anthony Tonnos
Sat. July 13	Rev. Veselko Kvesic, O.F.M.
Mon. July 15	Rev. Gary Schlack
Tues. July 16	Rev. Bradley Markus
Wed. July 17	Institute of Kkottongnae Sisters of Jesus
Thurs July 18	Rev. Khalid Karomi
Fri. July 19	Rev. Edward Henhoeffler
Sat. July 20	Rev. Joe Selvanayagam
Mon. July 22	<b>St. Mary Magdalene, Disciple of the Lord</b>
Tues. July 23	Rev. Peter Meyer
Wed. July 24	Society of Christ (S.Chr.)
Thur. July 25	Rev. Lukasz Kopaniak, S.A.C.
Fri. July 26	<b>St. Anne &amp; St. Joachim, Parents of the Blessed Virgin Mary</b>
Sat. July 27	Rev. Sam Restivo
Mon. July 29	<b>Sts. Martha, Mary &amp; Lazarus, Disciples of the Lord</b>
Tues. July 30	Rev. Krzysztof Szkubera, C.R.
Wed. July 31	Pallottine Fathers
Thurs Aug. 1	Most Rev. Anthony Tonnos
Fri. Aug. 2	Rev. Henryk Krajewski, C.R.
Sat. Aug. 3	Parish Staff

# Please do not print beyond this point

## **Don't forget Our Parish Centre**

Ideal for anniversaries, small wedding receptions, baptisms, birthday parties & showers. Call 905 387-6650.

## **Marriage Preparation**

Are you getting married this fall or in the early part of 2025? Marriage preparation is an important way that the Church reaches out to support your relationship. Once you have spoken to the parish and booked your wedding, be sure to register for one of our upcoming courses, which run from January to December of each year. Fall 2024 dates are posted on the website now. Find out more at [Preparation for Marriage - Diocese of Hamilton \(hamiltondiocese.com\)](https://www.hamiltondiocese.com/preparation-for-marriage)