

# Mass for the Intentions Week

## Tuesday, February 22, 2022

7:00 p.m. Special Intentions of Troy & Olla Smillie  
req Dennis & Diane Ryan  
Barry Snow  
req family  
Peggy McKillop  
req Sheena, Margaret, Art & family  
David Connell  
req Anne & family

## Thursday, February 24, 2022

9:00 a.m. Denny Delapaz  
req family  
Richard Sandig  
req family  
Onofre & Juanita Pagaduan  
req Jennet Pagaduan

## Sunday, February 27, 2022

9:00 a.m. Living & Deceased Members of Sacred Heart Parish

## Tuesday, March 1, 2022

7:00 p.m. Cathy Doody  
req family  
George Linger  
req Mr. & Mrs. Arthur Cruz & family  
Clive Watkins  
req Anne Connell  
Ray Jones  
req Mike Morton  
Maria, Evaristo & Gene Carreiro  
req Oliver Carreiro  
Souls in Purgatory  
req Oliver Carreiro

## Ash Wednesday, March 2, 2022

7:00 p.m. Living & Deceased Members of Sacred Heart Parish

## Thursday, March 3, 2022

9:00 a.m. Susan Smith  
req Chuck & Theresa Emberson  
Eliseo & Felicidad Delapaz  
req Elvira & family

## Sunday, March 6, 2022

9:00 a.m. Living & Deceased Members of Sacred Heart Parish

**Ash Wednesday is a day of Fast and abstinence**  
(provided one is healthy)

## Expansive Mercy

**For the measure with which you measure will in return be measured out to you.** Luke 6:38

The ancient Christian hermits, whose austerity, holiness and solitude eventually led to the establishment of monasteries, had a spiritual habit of meditating on the Word of God for hours, days, even weeks. Their physical fasting gave them even more of an appetite to nourish themselves on Scripture, memorizing and savoring every morsel. Today's Gospel would be a rich feast indeed!

Any serious disciple of Jesus must grapple with these words. His command to love our enemies is not an abstraction but implies real conversion of heart. Dorothy Day famously said, "I really only love God as much as I love the person I love the least." If we want to immerse ourselves in the depths of God's mercy- to be called children of God - we must extend the same mercy to others.

As you consider what you will pack for your upcoming Lenten journey, make room for this passage from Luke 6 to sustain you on the way. Steve Pable



## PARISH SUPPORT

### Weekly Donations

Keep your love for your parish alive. Remember Sacred Heart Parish in your will and when recommending expressions of sympathy.

*Sunday, February 6, 2022*

Total Revenue \$5,024.00.00

*Sunday, February 13, 2022*

Total Revenue \$1,682.00.00

### Vocation Prayer Calendar

Mon. Feb. 21 Rev. Jerry Punnassery, C.M.I.  
Tues Feb. 22 Rev. Nishil Varghese C.M.I.  
Wed. Feb. 23 Society of the Sacred Heart of Jesus  
Thur. Feb. 24 Very Rev. Cornelius O'Mahony, E.V.  
Fri. Feb. 25 Rev. Felix Nwatu  
Sat. Feb. 26 Rev. Piotr (Peter) Machnacki, S.A.C.  
Mon. Feb. 28 Rev. Ranjan D'Sa O.C.D.  
Tues. Mar. 1 Rev. Joseph Ahilan, C.R.S.P.  
Wed. Mar. 2 **Ash Wednesday**  
Thur. Mar. 3 Rev. Louis Lenssen, C.R.S.P.  
Fri. Mar. 4 Rev. Fernando Ferreira Pinto, C.S.Sp.  
Sat. Mar. 5 Rev. Allen Varlaki

### **Sacred Heart Parish 100<sup>th</sup> Anniversary**

This June 5<sup>th</sup>, Sacred Heart Parish in Hamilton, will be celebrating 100 years. We ask former and present parishioners to please send photos of memories at Sacred Heart either by email: [sacred.heart@cogeco.ca](mailto:sacred.heart@cogeco.ca) or to bring them to the parish rectory. Bishop Crosby will celebrate Mass at Sacred Heart Church on Sunday, June 5<sup>th</sup> 2022 at 10:00 a.m., and this will be followed by brunch at Michelangelo's. Further details will follow.

#### **100<sup>th</sup> Anniversary Celebration**

**Save the Date: June 5, 2022**

#### **100<sup>th</sup> Anniversary Factoid Three**

In the 1920's and the 1930's, the Sacred Heart Parish Community continued to grow in numbers and in their devotion to our Lord Jesus Christ. Throughout the year, the collaboration of parish and school was celebrated in different activities and celebrations. Each May, one child had the honor of crowning the statue of Mary. A procession of all children formed in the rectory, then they paraded over a carpet of flower petals to the church for the crowning ceremony. At First Communion, Father Kirby arranged an archway of flowers at the front of the church, with the words: "Let the little children come unto Me." Regular masses were held in the church during the week and on Sundays. There was an organist but no choir. At Requiem masses, Father Kirby called on two of the parish children, Helen Jameison and Jack Donelson to sing. Sacred Heart Parish under the direction of Father Kirby had developed into a community dedicated to living the Word of God.

#### **Vocations**

The Lord Calls us to do God's Will. Pray that you may know God's Will in your life; especially, if you have the inclination that you are being called to the ordained or consecrated life. If God is calling you to be a priest, deacon or religious contact Bishop Wayne Lobsinger, Director of Vocations and Priestly Formation, Diocese of Hamilton (905-528-7988) [Emailvocations@hamiltondiocese.com](mailto:Emailvocations@hamiltondiocese.com) [www.hamiltondiocese.com/vocations/](http://www.hamiltondiocese.com/vocations/)

#### **C.W.L. Membership**

Membership Fees are due in the month of February. You can use your CWL fees envelope in your weekly donation envelope box or, in a plain envelope with your name & address, enclose \$22.00 and put it in the collection basket.

### **100<sup>th</sup> Anniversary Recipe Book: A Century of Cooking and Baking**

It is an exciting time for Sacred Heart Parish as we prepare to celebrate our 100<sup>th</sup> Anniversary. Many things have changed in these last 100 years, but we think that we all agree that our love of good food has remained constant. The trends in eating have been different during this 100 year span. However, we all look forward to certain tastes, and dishes - whether from long ago, or recent - that are a special treat for our taste buds! We are hoping that you will share some of these new or time treasured recipes with the parish community in our recipe book: A Century of Cooking and Baking. We will have chapters for each of the four seasons - spring, summer, fall and winter and will include recipes to reflect the nuance for each time of the year. Please send recipes to [sacred.heart@cogeco.com](mailto:sacred.heart@cogeco.com) or bring them to the rectory office. The deadline for submissions is February 27, 2022. All proceeds from the sale of the recipe book will be given to Neighbour to Neighbour. We thank you for your generous support of this project.

#### **ReStart**

Starting over after separation or divorce with support, care and tools for your journey. We invite you to check out the Diocesan website at: <https://hamiltondiocese.com/offices/family-ministry/divorce-separation.php> to see the programs we offer and to find out dates of the new program for 2022. If you have questions, call the Family Ministry Office at 905-528-7988 ext. 2249.

#### **Marriage Support**

Is your marriage experience more trouble than joy, feeling stagnant or disconnected and/or causing you worries? The solution is Retrouvaille - a program for married couples facing difficult challenges in their relationship. Retrouvaille has one purpose: to help couples restore their marriage and rebuild a loving relationship. This is a practical program, where sharing is not required except between the couple themselves, designed to improve communication, build stronger marriages, and help couples reconnect. It also works well for couples who may be considering separation or divorce. The next Retrouvaille weekend begins March 13, 2022. For more information call 905-664-5212 or email [teamrecine@gmail.com](mailto:teamrecine@gmail.com).

