

Mass for the Intentions Week

Tuesday, February 5, 2019

9:00 a.m. Elma O'Meara
req Gus & Aldona Hubbard
Cathy Doody
req family
Paul Fitzpatrick
req Brebeuf Girls
Fr. Steve Sardo
req Mr. & Mrs. Arthur Cruz & family
Maria & Evaristo Carreiro
req Oliver Carreiro
Souls in Purgatory
req Oliver Carreiro
David Connell
req wife Anne & family

Wednesday, February 6, 2019

7:30 a.m. Mass at Blessed Sacrament

Thursday, February 7, 2019

9:00 a.m. Donelson & Clarke families
req Greg & Colette Donelson

Friday, February 8, 2019

9:00 a.m. Mass at Blessed Sacrament

Saturday, February 9, 2019

5:00 p.m. Mass at Blessed Sacrament

Sunday, February 10, 2019

9:00 a.m. For the Living & Deceased Members of Sacred Heart Parish

Parish Ministries

Sunday February 10, 2019

Lectors Oscar Aran & Josie Cruz

Eucharistic Ministers Nolan Babin & Josie Cruz

Vocations

No prophet is accepted in the prophet's hometown. Do not be discouraged by jeers when considering religious consecrated life or priesthood. If you think God is calling you to be a priest, contact Fr. Michael King, Vocation Director, Diocese of Hamilton 905-528-7988.

Parish Legacies & Bequests

Keep your love for your parish alive. Remember Sacred Heart Parish in your will and when recommending expression of sympathy.

Sunday, January 27, 2019

Total Revenue \$1,560.85



The Diocese of Hamilton is conducting the One Heart, One Soul Campaign to raise money for every parish in the Diocese and for shared ministries. Answers to a set of Frequently Asked Questions appear in parish bulletins regularly. A compilation of all questions that have been published are available throughout the campaign at oneheartonesoul.ca.

Are Parishes in a position to take on needed projects?

This, of course, varies from Parish to Parish, but in general most Parishes are not in a strong position to take on major projects (those of \$250,000 or more), and many projects have been delayed because of a lack of funding. One of the main reasons for the diocesan capital campaign is to assist Parishes big and small to gain more solid footing for the future – whether that's by completing an overdue project, retiring debt, building a contingency fund or looking ahead with a new ministry or new staff.

What about Parish debt and Parish reserves – in general, where do things stand?

The majority of the Diocese's Parishes can meet their operating budget and can take on small capital projects. Only a few, however, have substantial savings. Some have incurred debt, and the Diocese assists where it can with donations and loans, some of which are interest-free, to Parishes.

Will the Parishes or the Diocese take on debt because of this campaign?

It's possible for the right project and the right reasons, but that is to be determined by the Diocese and Parishes as the campaign planning moves forward.

What is the Ex Corde Foundation and how does it work?

The Ex Corde Foundation was established in 2011 with a gift of \$21.5 million from the Diocese of Hamilton and provides financial assistance to Parishes and other Catholic charities within the Diocese and across Canada. Ex Corde, which means "From the Heart," is operated by a board of directors and provides grants to repair or renovate buildings; to provide and maintain religious artifacts and works of art; and to support religious education and catechesis. As of September 2018, the foundation had donated \$5.1 million, 90 percent of which has gone to parishes or other Catholic

organizations within the Diocese. The grant amounts vary widely but commonly have been in the range of \$15,000 to \$25,000. The remaining 10 percent has gone to Catholic Parishes, dioceses or other organizations from outside the Diocese of Hamilton. The foundation board selects recipients twice a year from grant applications. **For a list of all the grants awarded, see the link on the Ex Corde website, www.excordefoundation.com.**

E-Books – The Bishop Farrell Library & Archives offers a wide selection of eBooks on topics related to the Catholic faith including scripture and bible study, family and relationships, ministry, social justice, and church history. These can be accessed via the Diocese of Hamilton website at <https://hamiltondiocesebfl.overdrive.com/>. The eBook collection provides 24/7 access to our Library resources and can be used by anyone regardless of location. More information can be found online at <https://bflhamiltondiocese.wordpress.com/> or call the Library at 905-528-7988 ext. 2270. All are welcome to benefit from our resources!

Diocesan Wedding Anniversary Mass June 9, 2019

- Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2019? If you are, you are cordially invited to join couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, June 9, 2019 at the Cathedral Basilica of Christ the King at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring 1 guest if you require assistance). Please refer to the poster in the church for information on how to register for the celebration, or go to www.hamiltondiocese.com.

Hamilton Diocesan Prayer

Mon.	Feb.	4	Very Rev. Wojciech Kuzma
Tues.	Feb.	5	Rev. James McSharry
Wed.	Feb.	6	Chaplains
Thurs.	Feb.	7	Rev. Toby Collins, C.R.
Fri.	Feb.	8	Rev. Joseph Okoko, i.v.Dei.
Sat.	Feb.	9	Franjo Sprajc

Don't Forget Our Parish Centre

Ideal for anniversaries, small weddings, baptisms, birthday parties and showers. Call 905-387-6650.

The Blessing Of St. Blaise

The Blessing of St. Blaise (throats) will take place on Tuesday, February 5th after the 9:00 a.m. Mass. **Please note: the time for mass Tuesday has been changed**

from 7:00 p.m. to 9:00 a.m.

Are You Separated and/or Divorced? Has a separation or divorce caused you to feel upset, or like you are on a roller coaster? Would you like to minimize the impact on yourself and feel stronger? LEARNING TO COPE (Level 1) is a ten week support program offered in both Hamilton and Kitchener starting Tuesday, March 19 7:00 pm to 9:30 pm. The locations are as follows: **Hamilton:** Diocesan Chancery Office. **Kitchener:** St. Francis of Assisi Parish. The program is for persons experiencing difficulties as a result of a separation or divorce. For more information, contact the Family Ministry Office at (905) 528-7988, ext. 2249. Cost: \$35. Have you already completed level 1, 2 or 3? Join the next level and continue the journey toward healing, and connect with others experiencing the same change in their lives. Find out more on line at: www.hamiltondiocese.com under the start date below Upcoming Events.

Marriage Tip Of The Month

Love is a choice, or more importantly, how we love is a choice. We can choose soft, complimentary and caring words, or we can choose harsh, cutting and angry words. Emotions in any relationship can run high at times, but we can control our emotions if we choose. We can take a moment to breathe deeply, ask ourselves if we want to hurt or offend the one we love and decide what the better words and tone to discuss an issue might be. When we choose wisely, we love more fully and our spouse responds in kind. Love is a choice – make wise decisions and your marriage will flourish.

Parenting Tip Of The Month

February is the month we celebrate love on Valentine's Day, but the commercialism of the day can confuse children and make them believe that love is only about giving and/or receiving something. While that may be part of love, true love unfolds every day in the way we treat each other, help each other and care for each other. True love takes work, requires action and seeks to meet the needs of the one we love. Talk to your children, no matter the age, about what real love actually looks like, so they can grow up to give and expect that kind of love in their lives.